

HELP STOP THE SPREAD OF HEPATITIS A

Hepatitis A is spreading in Hillsborough County. This is a serious liver disease that can easily be passed from person to person when hands are not washed properly. **Anyone can get hepatitis A.**

WASH YOUR HANDS

- 1** **Wet** your hands with clean, running warm water and apply soap.
- 2** **Lather** your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.
- 3** **Scrub** your hands for at least 20 seconds.
- 4** **Rinse** your hands well under clean, running warm water.
- 5** **Dry** your hands using a clean towel, paper towel, or air dry them.



WHAT ARE THE SYMPTOMS?



Stomach pain



Fever

Jaundice
(skin or eyes
look yellow)



Dark pee,
pale poop, or
diarrhea



Vomiting



Getting vaccinated is the best way to protect against hepatitis A. Contact the Florida Department of Health in Hillsborough County at (813) 307-8077 or your healthcare provider about getting vaccinated.

HEPATITIS A

KNOW YOUR RISK

Hepatitis A is a virus that causes serious liver infection and can easily spread from person to person. This virus can make you sick for weeks to months.

WHO IS AT HIGHER RISK?

- People who use drugs
- People who recently spent time in jail or prison
- People living with someone who has hepatitis A
- People who are homeless or have unstable housing
- Men who have sex with men
- People caring for someone who has hepatitis A

HOW IS IT SPREAD?



An infected person not washing their hands after using the bathroom



Close personal contact with someone who has hepatitis A



Drinking or eating food contaminated with hepatitis A



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