

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the **Healthiest State** in the Nation

Diabetes Self-Management Education Program REGISTRATION FORM

Information

Diabetes Self Management Education provides the tools, education and support to help you better manage diabetes.

Additional Details:

- Participants must be diagnosed with diabetes (one adult family member or support person may attend with participant).
- Classes are FREE.
- Classes are led by experienced, licensed healthcare professionals.
- Groups meet 1 and 1/2 hours per week for 6 weeks.
- Following completion of the program, we will follow up with your physician about your program completion and progress.

How to Register

1. Complete the registration form.
2. Mail or fax the form to the Florida Department of Health - Hillsborough County (see address and fax number below).
3. Classes will be offered throughout Hillsborough County but the exact location, dates and times of each 6-week session will vary. Once you have completed this form and submitted it a staff member will contact you.
4. Before attending your first class, obtain a copy of your most recent diabetes laboratory results from your provider and bring this information with you to class. (A1c, Blood Glucose, Lipid Panel)

Participant Information

Name: _____
Address: _____

Phone: _____
Email: _____
Diagnosis: Type 1 diabetes Type 2 diabetes Prediabetes

Preferred Location:
 Brandon Town 'n Country
 Downtown Tampa Sun City Center
 Other: _____
Preferred Time:
 Weekday Evening Weekend

One adult family member or support person will be attending classes with me. Yes No

Comments or other information your class instructor should know:

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Florida Department of Health – Hillsborough County
Community Health – Health Education
P.O. Box 5135
Tampa, FL 33675-5135
PHONE: (813) 307-8071 FAX: (813) 307-8094

www.FloridasHealth.com
www.hillscountyhealth.org
TWITTER: HealthyFLA
FACEBOOK: FLDepartmentofHealth
YOUTUBE: fldoh