HELP STOP THE SPREAD OF HEPATITIS A

Hepatitis A is spreading in Hillsborough County. This is a serious liver disease that can easily be passed from person to person when hands are not washed properly. **Anyone can get hepatitis A.**

**WASH YOUR HANDS**

1. **Wet** your hands with clean, running warm water and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds.
4. **Rinse** your hands well under clean, running warm water.
5. **Dry** your hands using a clean towel, paper towel, or air dry them.

**WHAT ARE THE SYMPTOMS?**

- Stomach pain
- Fever
- Jaundice (skin or eyes look yellow)
- Dark pee, pale poop, or diarrhea
- Vomiting

Getting vaccinated is the best way to protect against hepatitis A. Contact the Florida Department of Health in Hillsborough County at (813) 307-8077 or your healthcare provider about getting vaccinated.
Hepatitis A is a virus that causes serious liver infection and can easily spread from person to person. This virus can make you sick for weeks to months.

WHO IS AT HIGHER RISK?

- People who use drugs
- People living with someone who has hepatitis A
- Men who have sex with men
- People who recently spent time in jail or prison
- People who are homeless or have unstable housing
- People caring for someone who has hepatitis A

HOW IS IT SPREAD?

- An infected person not washing their hands after using the bathroom
- Close personal contact with someone who has hepatitis A
- Drinking or eating food contaminated with hepatitis A

Getting vaccinated is the best way to protect against hepatitis A. Contact the Florida Department of Health in Hillsborough County at (813) 307-8077 or your healthcare provider about getting vaccinated.