March 2012

EpiNotes

EPI NOTES

Hillsborough County Health Department Disease Surveillance Newsletter March 2012

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Message from the Program Manager By Warren R. McDougle Jr., MPH

It is interesting how issues in public health can quickly change. Last year we had a normal flu season and a shigellosis outbreak throughout our community. Currently we are seeing a lower than normal flu season and the incidence of shigellosis has returned to normal. These issues have been replaced with varicella (chickenpox) and pertussis (whooping cough). Chickenpox cases have resulted in unimmunized students being excluded from school for 21 days.

In Hillsborough County several of the cases of chickenpox have been in immunized children. This has raised concern about the proper storage and handling of the varicella vaccine in the health care provider offices. The CDC discourages transporting varicella-containing vaccines to off-site clinics. The vaccine manufacturer recommends transport and storage at temperatures of 35°F to 45°F for no more than 72 continuous hours prior to reconstitution. The vaccine must be discarded after reconstitution if not used within 30 minutes. The vaccine cannot be refrozen.

We continue to experience pertussis cases, especially in children less than 1 year of age. These cases are concerning but preventable by early recognition of suspected pertussis cases in young children and adults. Diagnosis by laboratory confirmation, treating the cases early, prophylaxing contacts, as well as stressing the need to update immunizations, especially in healthy adults, is extremely important in preventing the spread of this disease.

In the past, vaccinating children for pertussis was felt to be the only prevention needed. Now we know that cases are spread by adults whose

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own immunity has waned and who don't know they have pertussis. Infants too young to be vaccinated are most susceptible, and the respiratory disease is most severe and occasionally fatal in this age group.

An outbreak of cryptosporidiosis (crypto) has occurred in a local childcare center. Individual cases of crypto and outbreaks are rare and the actual cause of outbreaks is usually difficult to identify. The medication used to treat crypto cases in children is Alinia suspension, however this medication is on back order and not available at this time. Children under one year of age cannot take any medication for this condition. Some of our cases were under one year of age and this presented a challenge for investigators and health care providers as they worked to stop this outbreak.

Norovirus was late to arrive in our area this year. We were hearing of outbreaks in counties all around us before they were reported here. That changed rather quickly and now we have numerous long term care centers dealing with outbreak issues. According to the newspapers the Tampa Bay Lightning hockey team has been dealing with norovirus as well. We provided information to the team on measures to slow or prevent the spread of the virus when they are practicing, playing and traveling.

I would also like to introduce new members to our epidemiology team. Mr. Patrick Rodriguez is the epidemiologist responsible for the Perinatal Hepatitis B program, Ms. Rebecca Snider is a Florida Epidemic Intelligence Service Fellow, Mrs. Amy Pullman and Mrs. Seyi Omaivboje are infectious disease epidemiologists and Ms. Kiley Workman is a CDC Associate. Each of these new team members have special skill sets and work ethics that has increased our ability to meet our public health mission.

The Dreaded Norovirus

By Rebecca Snider, MS

The first reported outbreak of norovirus in Hillsborough County was received at the health department on January 11, 2012. Since the beginning of the year, six norovirus outbreaks have been reported to the Hillsborough County Health Department (HCHD).

We are providing the following information to help people learn how to protect themselves from norovirus in the community and assist others who may have this illness. This information was taken from the Centers for Disease Control and Prevention (CDC) website at <u>http://www.cdc.gov/ncidod/dvrd/revb/gastro/norovirus.htm</u>.

What is norovirus?

Noroviruses are a group of viruses that cause gastroenteritis in people.

How do you get norovirus?

Noroviruses are found in the stool or vomit of infected people. People can become infected with the virus in several ways, including:

- Touching surfaces or objects contaminated with norovirus and then placing their hand in their mouth;
- Having direct contact with another person who is infected and showing symptoms;
- Eating food or drinking liquids that are contaminated with norovirus.

What are the symptoms of norovirus?

The symptoms of norovirus usually appear within 24-48 hours after exposure. Illness typically includes nausea,

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vomiting, diarrhea, and stomach cramping. Sometimes people additionally have a low-grade fever, chills, headache, muscle aches, and a general sense of tiredness. The onset is sudden and the infected person may feel very sick. The illness is usually brief, with symptoms lasting only about 1 or 2 days though nausea may persist up to a week.

How long are you contagious?

People infected with norovirus are contagious from the moment they begin feeling ill to at least three days after recovery. Some people may be contagious for as long as two weeks after recovery. Therefore, it is particularly important for people to use good hand washing and other hygienic practices after they have recently recovered from norovirus illness.

Can norovirus infections be prevented?

Yes. You can decrease your chance of coming in contact with noroviruses by following these steps:

- Wash your hands frequently, especially <u>after</u> going to the bathroom and changing diapers and <u>before</u> eating or preparing food.
- Thoroughly clean and disinfect contaminated surfaces immediately after an episode of illness by using a bleach-based household cleaner. (*Make sure it contains bleach and is not just made by a bleach company.*)
- Immediately remove and wash clothing or linens that may be contaminated with virus after an episode of illness (use hot water and soap).
- Flush or discard any vomit and stool in the toilet and make sure that the surrounding area is kept clean.
- Persons caring for ill family members need to make sure not to put their hands in their mouths, or eat, until they have washed their hands with soap and hot water.

Individuals that have nausea, vomiting, or diarrhea need to stay home until 24 hours after symptoms have resolved.



Remember to wash your hands frequently!



Reportable Disease Surveillance Data

Disease	2009	2010	2011	3 Year Average	Jan-Feb 2011	Jan-Feb 2012
AIDS	253	193	NA	N/A	NA	NA
AMEBIC ENCEPHALITIS	1	0	0	0.3	0	0
ANIMAL BITE, PEP RECEIVED	72	55	95	74.0	27	20
ANTHRAX	0	0	0	0.0	0	0
ARSENIC	1	0	0	0.3	0	0
BOTULISM, FOODBORNE	0	0	0	0.0	0	0
BOTULISM, INFANT	1	0	0	0.3	0	0
BRUCELLOSIS	2	0	1	1.0	0	0
CALIFORNIA SEROGROUP, NEUROINVASIVE	0	0	0	0.0	0	0
CAMPYLOBACTERIOSIS	69	76	120	88.3	13	19
CARBON MONOXIDE POISONING	0	7	13	6.7	1	1
CHLAMYDIA	5058	NA	NA	N/A	NA	NA
CIGUATERA	0	0	0	0.0	0	0
CREUTZFELDT-JAKOB DISEASE	1	0	0	0.3	0	0
CRYPTOSPORIDIOSIS	38	14	38	30.0	8	20
CYCLOSPORIASIS	2	3	1	2.0	0	0
DENGUE	3	7	4	4.7	0	4
DIPHTHERIA	0	0	0	0.0	0	0
EHRLICHIOSIS, HUMAN GRANULOCYTIC	0	1	0	0.3	0	0
EHRLICHIOSIS, HUMAN MONOCYTIC	0	1	0	0.3	0	0
EHRLICHIOSIS/ANAPLASMOSIS, UNDETER.	1	1	0	0.7	0	0
ENCEPHALITIS, CALIFORNIA/LACROSSE	0	0	0	0.0	0	0
ENCEPHALITIS, HERPES	0	0	0	0.0	0	0
ENCEPHALITIS, NON-ARBOVIRAL	0	0	0	0.0	0	0
ENCEPHALITIS, OTHER	0	0	0	0.0	0	0
ENCEPHALITIS, EEE	0	2	0	0.7	0	0
ENCEPHALITIS, SLE	0	0	0	0.0	0	0
ENCEPHALITIS, WN	0	0	0	0.0	0	0
ENTEROHEMORRHAGIC E. COLI (0157:H7)	0	0	0	0.0	0	0
E. COLI SHIGA TOXIN + NOT SEROGROUP	0	0	0	0.0	0	0
E. COLI SHIGA TOXIN + NON 0157:H7	0	0	0	0.0	0	0
E. COLI SHIGA TOXIN PRODUCING - 0800	11	13	24	16.0	3	6
FOOD AND WATERBORNE CASES	74	NA	NA	N/A	NA	NA
FOOD AND WATERBORNE OUTBREAKS	18	NA	NA	N/A	NA	NA
GIARDIASIS	101	100	81	94.0	9	11
GONORRHEA	1574	NA	NA	N/A	NA	NA
H. INFLUENZAE PNEUMONIA	0	0	0	0.0	0	0
H-FLU, PRIMARY BACTEREMIA, INVASIVE	13	11	16	13.3	3	0
H-FLU, SEPTIC ARTHRITIS	0	0	0	0.0	0	0
HANSEN'S DISEASE (LEPROSY)	1	1	0	0.7	0	0
HANTAVIRUS HEMOLYTIC UREMIC SYNDROME	0	0	0	0.0	0	0
	13			8.3	2	
HEPATITIS A, ACUTE HEPATITIS B, ACUTE	29	6 49	6 27	35.0		0
HEPATITIS B, MATERNAL (HBsAg+ PREGNANT)	65	49	49	51.3	6	5 7
HEPATITIS B, PERINATAL ACUTE	0	401	<u>49</u>	0.3	0	0
HEPATITIS B, CHRONIC	317	279	316	304.0	41	48
HEPATITIS C, ACUTE	14	12	7	11.0	41	40 5
HEPATITIS C, CHRONIC	1391	1699	1628	1572.7	272	255
HEPATITIS D	1391	0	0	N/A	0	0
	= Not applie		-		(no data rece	
INK – INOUTEPOILADIE DY TAW TOT UTAL YEAT IN/A	– not applic	aure	INA - I	NOT available	(no uata rece	iveu)

EpiNotes

				2.37	T P 1	T D 1
Disease	2009	2010	2011	3 Year	Jan-Feb	Jan-Feb
		6	0	Average	2011	2012
HEPATITIS E, NON-A, NON-B, ACUTE	0	0	0	0.0	0	0
HEPATITIS G HEPATITIS UNSPECIFIED, ACUTE	0	0	0	0.0	0	0
HIV INFECTION	355	346	NA	0.0 N/A	NA	NA
INFLUENZA-ASSOCIATED PEDIATRIC MORTALITY	0	0	0	0.0	0	0
INFLUENZA-A, NOVEL OR PANDEMIC STRAINS	321	7	7	111.7	0	0
LEAD POISONING	77	249	199	175.0	51	8
LEGIONELLOSIS	8	7	12	9.0	0	1
LEPTOSPITOSIS	0	0	0	0.0	0	0
LISTERIOSIS	2	2	3	2.3	1	1
LYME DISEASE	11	4	8	7.7	1	0
MALARIA	2	5	7	4.7	1	0
MEASLES	0	0	0	0.0	0	0
MENINGITIS, GROUP B STREP	0	0	0	0.0	0	0
MENINGITIS, H-FLU	0	0	0	0.0	Ő	Ő
MENINGITIS, LISTERIA MONOCYTOGENES	0	0	0	0.0	0	0
MENINGITIS BACTERIAL CYPTOCOCCAL	28	28	21	25.7	6	0
MENINGITIS, STREP, PNEUMONIAE	0	0	0	0.0	0	0
MENINGOCOCCAL DISEASE	1	1	1	1.0	0	0
MERCURY POISONING	0	1	0	0.3	0	0
MUMPS	2	1	1	1.3	0	0
NEUROTOXIC SHELLFISH POISONING	0	0	0	0.0	0	0
PERTUSSIS	25	30	31	28.6	6	26
PESTICIDE RELATED ILLNESS	0	4	16	6.7	0	1
POLIO, PARALYTIC	0	0	0	0.0	0	0
PSITTACOSIS	0	0	0	0.0	0	0
Q FEVER	0	0	0	0.0	0	0
RABIES ANIMAL	5	4	2	3.7	0	2
ROCKY MOUNTAIN SPOTTED FEVER	0	4	1	1.7	0	0
RUBELLA	0	0	0	0.0	0	0
SALMONELLOSIS	337	302	353	330.7	25	27
SHIGELLOSIS	21	134	377	177.3	102	8
SMALLPOX	0	0	0	0.0	0	0
STAPH AUREUS, COM. ASSOC. MORTALITY	2	0	0	0.7	0	1
STAPH AUREUS, VISA/VRSA	0	0	1	0.3	0	1
STREP DISEASE, INVASIVE GROUP A	14	17	17	16.0	1	2
STREP PNEUMO, INVASIVE DRUG RESIST.	54	60	54	56.0	18	7
STREP PNEUMO, INVASIVE SUSCEPTIBLE	35	45	46	42.0	12	7
SYPHILIS, CONGENITAL	0	NA	NA	N/A	NA	NA
SYPHILIS, EARLY	NR	NA	NA	N/A	NA	NA
SYPHILIS, INFECTIOUS	82	NA	NA	N/A	NA	NA
SYPHILIS, LATENT	106	NA	NA	N/A	NA	NA
TETANUS TONORI ASMOSIC	0	1	0	0.3	0	0
TOXOPLASMOSIS	0 79	4 85	1	1.7	0	0
TUBERCULOSIS THPHOID FEVER	0		NA 0	N/A 0.3	NA 0	NA
TYPHUS FEVER, ENDEMIC (MURIN)	2	0	2	0.3	0	0
VARICELLA	28	48	2 47	41.0	2	17
VIBRIO ALGINOYTICUS	28	48	47 5	2.7	0	0
VIBRIO CHOLERA NON-01	0	0	0	0.0	0	0
VIBRIO FLUVIALIS	2	0	0	0.0	0	0
VIBRIO HOLLISAE	1	0	0	0.7	0	0
VIBRIO PARAHAEMOLYTICUS	2	4	1	2.3	0	1
VIBRIO VULNIFICUS	0	4	2	2.3	0	0
VIBRIO, OTHER	1	2	0	1.0	0	0
WEST NILE	0	0	0	0.0	0	0
YELLOW FEVER	0	0	0	0.0	0	0
NP = Not reportable by law for that year $N/\Lambda = 1$	•	-	-	U.U Not available	-	-

NR = Not reportable by law for that year

N/A = Not applicable

NA = Not available (no data received)

FLORIDA DEPARTMENT OF HEALTH – PRACTITIONER DISEASE REPORT FORM (Please complete the following information to report the suspect or diagnosis of a disease which is reportable under *Florida Administrative Code* 64D-3.)

Patient Information:							DH2136,10/06	
				_			Please check here if you would	
				Ļ		1	like more copies of the form	
Last Name		Area	Code	: + _	Phone Number			
First Name				D	ate of Birth (MMDDYYYY)	Soc	ial Security Number (no dashes)	
					(, , , , г			
Address	_				Gender:		Male Ethnicity:	
				1			Female Non-Hispanic	
City		State			Zip Code	_	Unknown	
Disease Specific Information	on:	State		1	Zip Code			
Date of Onset:		— —		F	Pregnancy Status:	R	Other:	
Patient	Dise	ease Fatal?	10	[Not Pregnant			
Hospitalized? Yes No D	ischar	rge Date:		۱r	Pregnant		Asian	
				١			American Indian/AlaskaNativ	
Hospital Name:					Number of Months		Native Hawaiian/Pacific Islan	
Medicaid Number or Insurance:								
				1				
Disease or Condition Reporting: For HIV/AIE nd HIV exposed newborns please report	DS							
er forms indicated in F.A.C. 64D-3.		Enteric disease due to Escheric	ichia [Legionellosis		Severe acute respiratory	
eport immediately upon:		coli O157:H7, 🕾			Leptospirosis		syndrome (SARS)	
Initial suspicion 24/7 by phone		Enteric disease due to other p	path- [ב	Listeriosis 🖅		Shigellosis	
Diagnosis 24/7 by phone		ogenic Escherichia coli 🚈			Lyme disease		Smallpox 🔊 🖀 📱	
		Giardiasis (acute)	C		Lymphogranuloma Venereum		Staphylococcus aureus, intermediate	
Anthrax 🚈 🛛		Glanders 📌 🖬 Gonorrhea	-	-	(LGV) Malaria		or full resistance to vancomycin se Staphylococcus enterotoxin B	
Botulism, foodborne		Granuloma inguinale			Measles (Rubeola)		Streptococcal disease, invasive	
 Botulism, infant Botulism, other/wound/unspecified 2 		Haemophilus influenzae, mening			Melioidosis	-	Group A	
Brucellosis 2 1		and invasive disease 🚈 🛽			Meningitis, bacterial, cryptococcal,			
California serogroup virus disease		Hansen's disease			other mycotic		disease	
Campylobacteriosis		Hantavirus infection			Meningococcal disease		Syphilis	
Chancroid		Hemolytic uremic syndrome			Mercury poisoning		Syphilis, pregnancy or neonate	
Chlamydia		Hepatitis, acute A 2 Hepatitis, acute B, C, D, E, G			Mumps Neurotoxic shellfish poisoning		Tetanus Toxoplasmosis, acute	
 ☐ Cholera x I ☐ Ciguatera fish poisoning 		Hepatitis, chronic B, C	- 19E		Pertussis 2		Trichinellosis (Trichinosis)	
Clostridium perfringens epsilon toxin		Hepatitis B surface antigen			Pesticide-related illness and injury		Tuberculosis (TB)	
☐ Conjunctivitis, in neonatal ≤14 days		positive in pregnant woman or	r [Plague 🖅 📱		Tularemia ⁄ 🖀 🖠	
Creutzfeldt-Jakob disease (CJD)		child up to 24 months			Poliomyelitis		Typhoid fever	
		Herpes simplex virus (HSV) in			Psittacosis (Ornithosis) Q Fever		Typhus fever, endemic	
Cyclosporiasis		infants up to six months HSV anogenital in children≤12					Typhus fever, epidemic 🖅 🛯 Vaccinia disease 🖅 📱	
 Dengue Diphtheria 2 2 1 		Human papilloma virus (HPV)			Rabies, human		Varicella (chickenpox)	
 Eastern equine encephalitis 	_	anogenital in children≤12 yrs			Rabies possible exposure	0000	Date of vaccination _/_/	
virus disease		HPV assocated laryngeal papill	llo-		(animal bite) 🚈 🛿		Varicella mortality	
Ehrlichiosis, human granulocytic		mas or recurrent respiratory			Ricin toxicity		Venezuelan equine encephalitis	
(HEG)		papillomatosis in children ≤6 y			Rocky Mountain spotted fever		virus disease 🚈 🛯	
Ehrlichiosis, human monocytic		HPV cancer associated strains Influenza – due to novel or pa			Rubella T St. Louis encephalitis virus disease		Vibriosis, Vibrio infections	
(HME) Ehrlichiosis, human other or		demic strains 2	11- [Salmonellosis		West Nile virus disease	
unspecified species		Influenza – assocated pediatric	c		Saxitoxin poisoning, including		Western equine encephalitis virus	
 Encephalitis, other (non-arboviral) 		mortality in persons <18 yrs			paralytic shellfish poisoning (PSP)		disease	
		Lead poisoning					Yellow fever 🔊 🖬	
□ Any Outbreak, grouping, or clustering	of pati	ents having similar disease, syn	mptom	٦s,	syndromes: 🔊 🖬 📃			
Provider Information:		Med	dical Ir	nfc	prmation: Diagnosis Date:	:		
Jame:								
		Test	t Con	du			ase attach lab	
Address:						reco	ord (if available)	
		Lab	o Nam	e:				
City, State, Zip:		Test	Da	ate: Lab	Re	sults:		
	73	1414/07						
Phone: () Provider Fax: ()	Tre	atmer	nt	Provided? Yes No Tes	t Me	ethod:	
mail:								
			Treatment:					
County Health Department Fax		813-276-2981			Madad D. J.M.			
County Health Department Fax CHD After-Hours Phone Numb					Medical Record Number:			

