



# Breastfeeding Support Resource List

## Hillsborough County

### HOSPITALS

Breastfeeding Support Groups

#### Tampa General Hospital

Call or visit the Tampa General website for dates, locations, and times

(813) 844 - 7000

#### St. Joseph's Women's Hospital

Tuesdays: 10am - 11:30 AM (virtual)

Please visit the Baycare Website or call to sign up.

(813) 879-4730

#### St. Joseph's Hospital North

Please call or visit the St. Joseph's website for dates, locations, and times.

(813) 443 - 7000

#### St. Joseph's Hospital South

Please call or visit the St. Joseph's website for dates, locations, and times.

(813) 302 - 8000

#### Brandon Regional Hospital

Please visit the Brandon Regional Hospital Website for dates and times.

(813) 681-5551

#### **Baby Café:**

Contact for current phone, virtual, or in-person programs; and locations.

(813) 673-4646 x1127

#### **La Leche League:**

Please call for dates, locations, and times.

(813) 932 - 3664

#### **Growth with Doulas & Dads:**

Call for information about eligibility for free Doula assistance. Doulas can assist with breastfeeding support in the hospital and after delivery.

(813) 712 - 6300

#### **Sweet Child O' Mine Breastfeeding Support Group**

215 Lithia Pinecrest Road, Brandon, FL 33511

Please call to confirm dates and times.

(813) 685-840

#### **Community Roots Collective Breastfeeding Support Group**

2746 N. Florida Ave, Tampa, FL 33602

Thursdays, 11:00 AM. Please call to confirm.

(813) 515-0825

#### **Crisis Center of Tampa Bay:**

Contact if you or your family is in need of mental health assistance and support.

211



WIC BREASTFEEDING LINE

Available 7 days a week from 8 am – 9 pm

813-496-BABY (2229)

Florida Department of Health

WIC Program  
FloridaWIC.org

*This institution is an equal opportunity provider.*

