



# If you or someone you have been in contact with Has Tested **Positive** for COVID-19

**I have**  
tested positive  
for COVID-19

Immediately notify people  
you have had close  
contact with while ill.

Tell them to follow  
guidance to the right.

Take care of yourself.  
Follow CDC guidance for  
self care like staying  
home, keeping in touch  
with your doctor, and  
staying away from others.  
(<https://tinyurl.com/stepswhensick>)

Call your local county  
health department or  
the COVID-19 Call  
Center for questions  
and additional  
guidance.  
1(866)779-6121

**I have had  
close  
contact**

with someone who  
has tested positive  
for COVID-19

Stay home for 14 days as  
isolated as possible.

(starting the day you were  
exposed)

Keep 6 feet or more from  
others at all times.

(including others in your home)

Monitor your health for  
symptoms.

(fever, cough, shortness of  
breath)

If you think you are sick,  
follow guidelines from the  
CDC website.